

ABSTRAK

Handoko, Ria Veronica. 2024. Hubungan antara Lima Dimensi Kepribadian dengan Tipe *Secure Pet Attachment*. Skripsi. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk mengetahui hubungan antara lima dimensi kepribadian dengan tipe *secure pet attachment*. Hipotesis penelitian ini adalah 1) Terdapat hubungan positif antara dimensi kepribadian *Extraversion* dengan tipe *secure pet attachment*, 2) Terdapat hubungan positif antara dimensi kepribadian *Agreeableness* dengan tipe *secure pet attachment*, 3) Terdapat hubungan positif antara dimensi kepribadian *Conscientiousness* dengan tipe *secure pet attachment*, 4) Terdapat hubungan positif antara dimensi kepribadian *Intellect* dengan tipe *secure pet attachment*, 5) Terdapat hubungan positif antara dimensi kepribadian *Emotional Stability* dengan tipe *secure pet attachment*. Penelitian ini merupakan penelitian korelasi kuantitatif dengan partisipan pemilik hewan peliharaan yang berjumlah 205 orang dengan usia 18-60 tahun yang diperoleh dari metode insidental sampling. Penelitian ini menggunakan dua alat ukur yaitu skala *Pet Attachment* dan skala adaptasi IPIP-BFM-50. Skala *Pet Attachment* dibuat oleh peneliti dan memiliki reliabilitas sebesar 0, 936. Skala IPIP-BFM-50 diadaptasi oleh Akhtar dan Azwar (2019) dan memiliki koefisien reliabilitas dimensi *Extraversion* sebesar 0, 836; *Agreeableness* sebesar 0, 762; *Conscientiousness* sebesar 0, 811; *Emotional stability* sebesar 0, 862; dan *Intellect* sebesar 0, 768. Kuesioner disebarluaskan melalui *Google Forms* ke berbagai sosial media. Data dianalisis dengan metode korelasi *Pearson Product Moment* dan *Spearman's Rank*. Hasil penelitian menunjukkan adanya hubungan positif yang signifikan antara dimensi kepribadian *Extraversion* ($r = .021$, $p < 0, 05$), *Agreeableness* ($r = .002$, $p < 0, 05$), *Intellect* ($r = .018$, $p < 0, 05$), dan *Conscientiousness* ($r = .000$, $p < 0, 05$) dengan tipe *secure pet attachment*. Tidak terdapat korelasi antara dimensi *Emotional Stability* dan *secure pet attachment* ($r = .577$, $p > 0, 05$).

Kata kunci: *Pet attachment*, lima dimensi kepribadian *big five*

ABSTRACT

Handoko, Ria Veronica. 2024. *The Link between Five Dimensions of Personality with Secure Pet Attachment Type. Thesis.* Yogyakarta: Psychology, Psychology Faculty, Sanata Dharma University.

This study aims to know the link between the Big Five dimensions of personality with secure pet attachment type. The hypotheses of this study were 1) There is positive link between Extraversion with secure pet attachment type, 2) There is positive link between Agreeableness with secure pet attachment type, 3) There is positive link between Conscientiousness with secure pet attachment type, 4) There is positive link between Intellect with secure pet attachment type, 5) There is positive link between Emotional Stability with secure pet attachment type. This study is a correlational quantitative study that had 205 participants who are pet owners within 18-60 years old obtained by incidental sampling method. This study used Pet Attachment scale and adapted IPIP-BFM-50 scale. Pet Attachment scale made by the author and had 0, 936 coefficient of reliability. IPIP-BFM-50 was adapted by Akhtar and Azwar (2019) and had 0, 836 coefficient of reliability for Extraversion, 0, 762 for Agreeableness, 0, 811 for Conscientiousness, 0, 862 for Emotional Stability, and 0, 768 for Intellect were used in this study. The questionnaires were distributed by Google Forms through several social media. The data then were analyzed using the Pearson Product Moment and Spearman's Rank correlation method. This study showed positive correlation between Extraversion ($r = .021, p < 0, 05$) Agreeableness ($r = .002, p < 0, 05$), Intellect ($r = .018, p < 0, 05$), and Conscientiousness ($r = .000, p < 0, 05$) with secure pet attachment type. While there was no correlation between Emotional Stability and secure pet attachment type ($r = .577, p > 0, 05$).

Keywords: pet attachment, five dimensions of big five personality